Every White Sandian, a success story

School-Parents
Engagement &
Communication
Session
(SPECS)

16 February 2024

A warm welcome to Parents/Guardians of Primary <u>5D</u>



Sharing outline

- ✓ Our teachers and communication platforms
- √ P5 learning experiences and assessment matters
- √ A learner-oriented classroom environment
- √ Home-school Partnership

Our teachers & Communication Platforms

Our Year Head and Asst Year Head



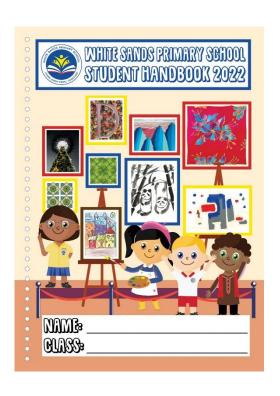
C4RE Teachers of 5 Diligent



Names of your child's subject teachers have been indicated in the Introductory Letter sent to parents in the first week of Term 1.

Communication platforms







Parent Gateway

Student Handbook

Communication platforms

Email of C4RE Teachers

- sim_hwee_khoon@moe.edu.sg
- amos_sim_kah_heng@moe.edu.sg

Other modes of communication

Class Dojo

School Contact Details

• General Office : 6922 9100

• Staff Room 1 : 6922 9124

• Staff Room 2 : 6922 9125

Do take note that you may not receive a reply immediately.

For urgent matters, please call General Office directly.

P5 Learning experiences & Assessment matters

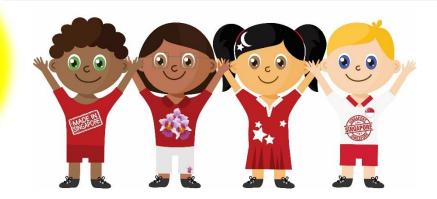


Transition to Upper Primary



Upper Primary (P5 & P6)

Middle Primary (P3 & P4)



A Responsible Achiever
Self-directed learners who make responsible decisions and are able to collaborate in harmony.



A Resilient Achiever

Concerned citizens who demonstrate resilience in achieving their best and contribute actively to the community and nation.



A learner-oriented classroom environment GROW with Me!



We can set goals for anything we hope to achieve!

Start setting S.M.A.R.T Goals today!





Using positive language can help to reduce conflict, improve communication among friends. It will also help you to increase self-confidence and curb negative feelings. Practise it often!



Let us start writing our success stories by practising the Growth Mindset!

A learner-oriented classroom environment GROW with Me!



A great way to use the power of yet into all that you do is to identify where you're using the word 'can't'.

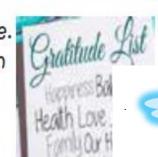
All you need to do is to add the word 'yet' on the end and you have just Change your mindset!





Gratitude is showing appreciation for what we have. People who express gratitude daily are happier than others.

So start saying "Thank You", appreciate the people around you and pay attention to the good things!



Let us start writing our success stories by practising the Growth Mindset!





P5 Learning Journeys

- **✓ P5 Adventure Camp**
- **✓ NE Show**
- ✓ Beach Clean-up Programme
- ✓ Math & Science Learning Journey to Gardens By The Bay









Promoting the Joy of Learning



Since 2023, mid-year examination for all levels have been removed and replaced with weighted assessments.

I	Level	Term 1	Term 2	Term 3	Term 4
	P5	Weighted Assessment			Semestral Assessment
		10%	15%	15%	60%



A learner-oriented classroom environment

A learner-oriented classroom environment Class Identity

PRIMARY 5 Diligent

Like stars in the sky,
we shine really bright!
Like colours of a rainbow
we have creative minds!
We are G.E.M.S.
5D Gems!



Emerald

Sapphire

Topaz

Ruby

A learner-oriented classroom environment Class Expectations

Get ready for learning.

Express ourselves appropriately.



Manage our time and emotions well.

Support one another. There is a GEM in everyone!





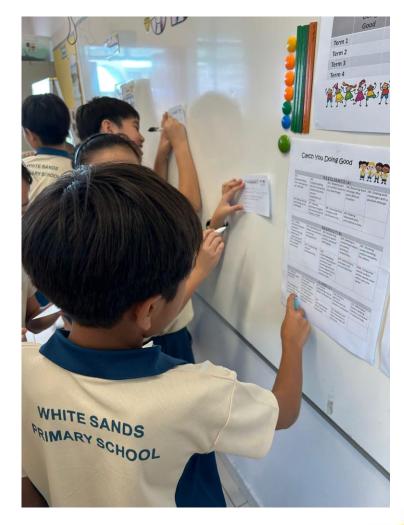


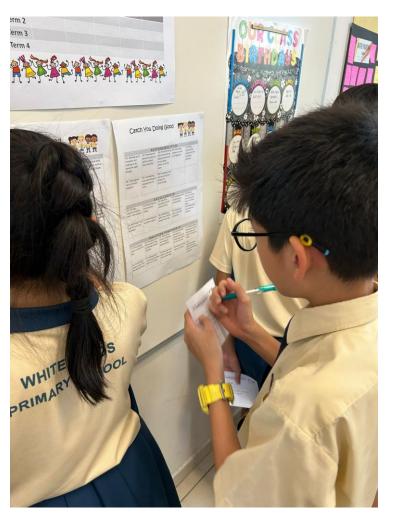


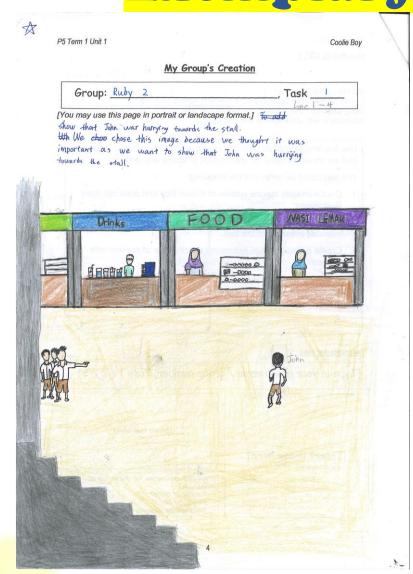


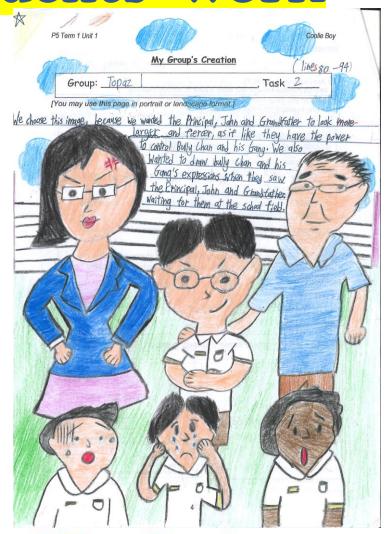


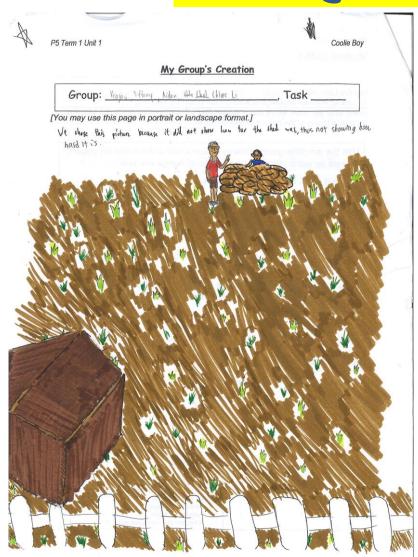


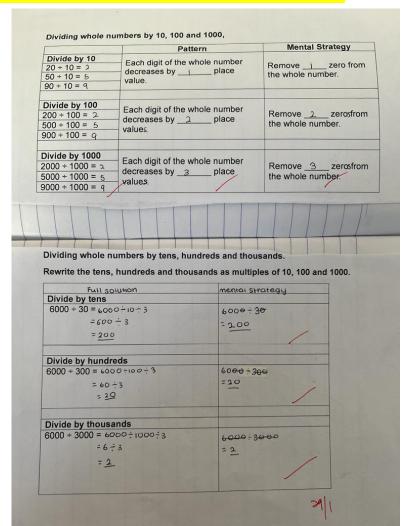


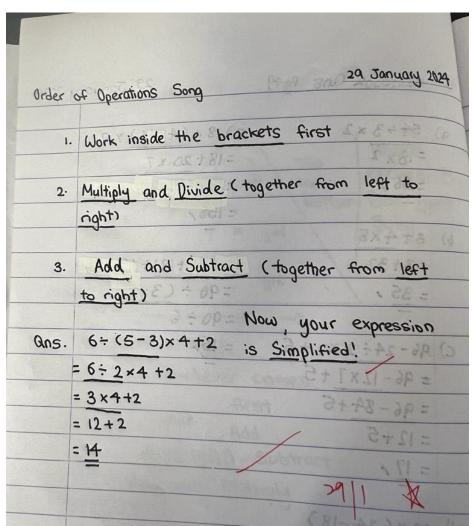


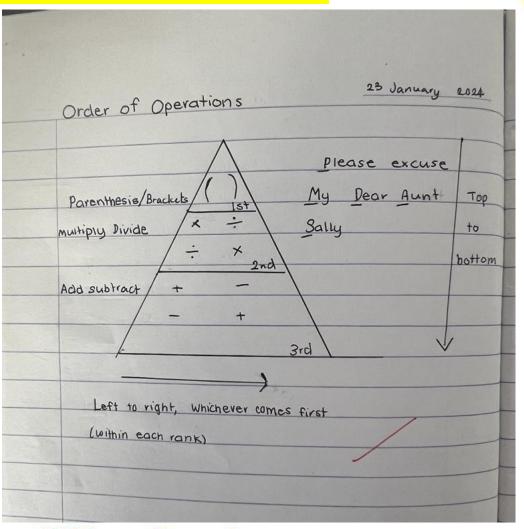


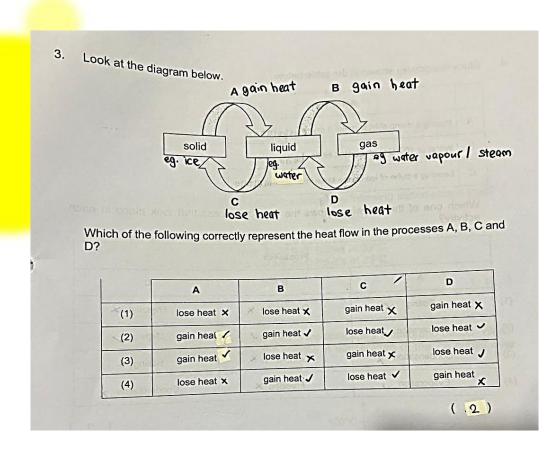


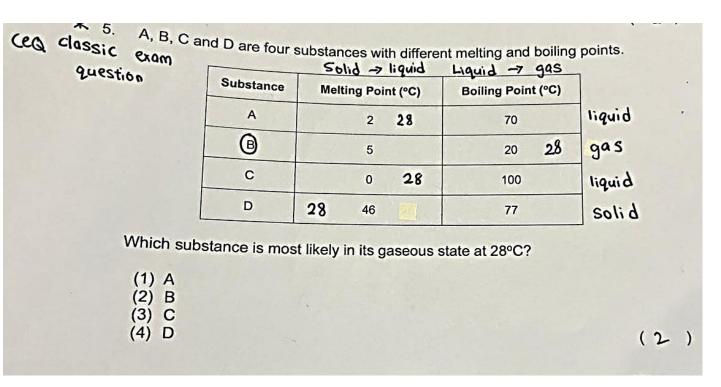












3 'P's – Being a resilient achiever

1. Prompt & prepared

- Report to school on time
 - In line with the school value of responsibility, we seek parents' support in ensuring that your child be punctual.



- Submit homework on time.
 - Bring all necessary materials (books / stationery) to school
 Get your child to check the timetable every school night and
 pack their school bag accordingly to ensure that the weight of
 the school bag does not hamper his/her movement in school.





3 'P's - Being a resilient achiever

2. Productive

- Maximize learning time by
 - Staying on task, following instructions carefully while minimizing distractions.

3. Perseverance

Practise the Growth Mindset and strive for excellence!



Encouragement for your child

Say This	Not That
"I can see you worked so hard on this!"	"You are so smart!"
"It seems like it's time to try a new strategy."	"It's okay. Maybe you're just not cut out for this!"
"I like watching you do that."	"You're a natural at that!"
"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."	"That's right! You did that so quickly and easily; great job!"
"That's not right. You don't understand this yet. What strategies can you try to understand it better?"	"That's not right. Are you paying attention in class? It seems like you're not even trying."
"That was really hard. Your effort has paid off! Next time you'll be ready for this kind of challenge!"	"That was really hard. I'm so glad it's over and you don't have to do that again."



a success story

Home-school partnership

Common sources of stress at Upper Primary and what you can do to support your child



Academic pressure

- Focus on affirming their efforts, not just results.
- Celebrate small successes, let them know you care.
- Encourage a growth mindset.
 (e.g. say "What is one thing you have learnt from this mistake" instead of "This is wrong. Do it this way.")
- Guide your child to set consistent and realistic expectations.

Common sources of stress at Upper Primary and what you can do to support your child



Feelings of loss and grief

- Let your child know that it is okay to grieve over a loss.
- Explore healthy ways in which they can express grief. (e.g. by journaling, painting, writing a song etc.)
- Parents can also reach out to the school to work together in supporting the child. (e.g. Form Teacher, School Counsellor)





Harms of Vaping

Reasons why we should **stay away** from e-cigarettes



MOE's Firm Stand against Vaping

- Vaping is categorised as a <u>serious offence</u>.
- When students are caught using or in possession of e-vaporisers,
 - the **prohibited product will be confiscated** and <u>parents will be informed</u>.
 - Schools will report the offender to HSA and also manage vaping-related offences through existing disciplinary frameworks. These include taking school-based disciplinary actions, such as suspension or caning for boys.
 - <u>Students caught vaping will also be placed on cessation support</u> <u>programmes</u> where counsellors will guide them through their cessation journey to effect long-term behavioural change.

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What can parents do? Signs that you can watch for

- 1. E-cigarette supplies, like cartridges or small bottles of liquid
- 2. New smells you might notice fruity or sweet scents





What can parents do?

Set a positive example by being tobacco-free

Avoid smoking in the presence of your child.

Keep all tobacco products out of sight from your child.

If your child have seen you using tobacco, and asked why couldn't he/she?

Possible responses:

- If I could live my life over again, I never would have started smoking. I learned that people who smoke cigarettes are much more likely to develop, and die from, certain diseases than people who don't smoke. This was really scary, so I quit smoking.
- Quitting was really hard, and I don't want you to go through that. The best thing is to not start at all.



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