

Every White Sandian, a success story

**School-Parents
Engagement &
Communication
Session
(SPECS)**

16 February 2024

**A warm welcome to
Parents/Guardians of
Primary 5F**



2024 First Days Of School

Sharing outline

- ✓ *Our teachers and communication platforms*
- ✓ *P5 learning experiences and assessment matters*
- ✓ *A learner-oriented classroom environment*
- ✓ *Home-school Partnership*



**Our teachers
&
Communication
Platforms**

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Our Year Head and Asst Year Head



Mr Wong

Mdm Diana

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C4RE Teachers of 5 Faithful



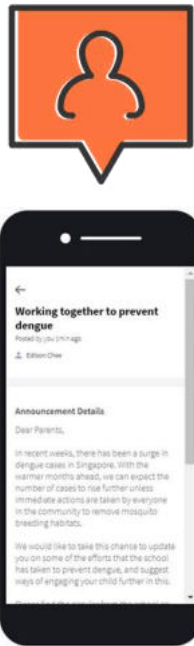
Ms Adilah

Mr Mazlan

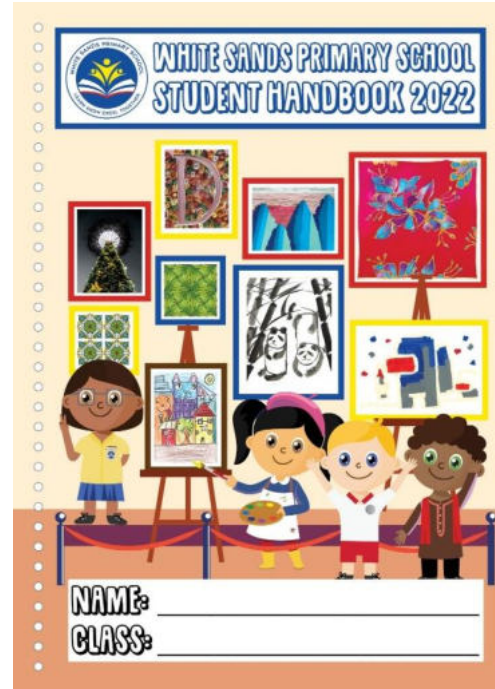
Names of your child's subject teachers have been indicated in the **Introductory Letter sent to parents in the first week of Term 1.**

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Communication platforms



Parent Gateway



Student Handbook



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Communication platforms

Email of C4RE Teachers

- nur_adilah_rahmat@moe.edu.sg
- mazlan_b_hussein@moe.edu.sg

Other modes of communication

- WhatsApp

School Contact Details

- General Office : 6922 9100
- Staffroom 1 : 6922 9124
- Staffroom 2 : 6922 9125

Do take note that you may not receive a reply immediately.

For urgent matters, please call General Office directly.

P5 Learning experiences & Assessment matters

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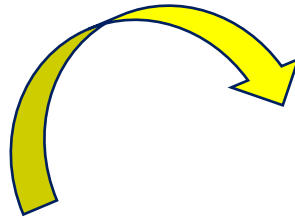
Transition to Upper Primary



Middle Primary (P3 & P4)



Upper Primary (P5 & P6)



A Responsible Achiever
Self-directed learners who make responsible

decisions and are able to collaborate in harmony



A Resilient Achiever
Concerned citizens who demonstrate resilience in achieving their best and contribute actively to the community and nation.

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A learner-oriented classroom

GROW with Me!

Specific	Measurable	Achievable	Realistic	Timely
S	M	A	R	T
G	O	A	L	S
What do you want to do?	How will you know when you've reached it?	Is it in your power to accomplish it?	Can you realistically achieve it?	When exactly do you want to accomplish it?

We can set goals for anything we hope to achieve!

Start setting S.M.A.R.T Goals today!



Using positive language can help to reduce conflict, improve communication among friends. It will also help you to increase self-confidence and curb negative feelings. Practise it often!

The Power of Positive Self-Talk		
Builds Confidence		
Improves Attitude	Promotes Self-Love	Helps Cope with Stress
Allows for Taking Risks	Encourages Motivation	Helps Work Through Challenges

Let us start writing our success stories by practising the Growth Mindset!



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A learner-oriented classroom env

GROW with Me!



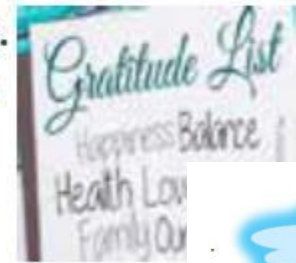
A great way to use the power of yet into all that you do is to identify where you're using the word 'can't'.

All you need to do is to add the word 'yet' on the end and you have just change your mindset!



Gratitude is showing appreciation for what we have. People who express gratitude daily are happier than others.

So start saying "Thank You", appreciate the people around you and pay attention to the good things!



Let us start writing our success stories by practising the Growth Mindset!



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P5 Learning Journeys



- ✓ P5 Adventure Camp
- ✓ NE Show
- ✓ Beach Clean-up Programme
- ✓ Science Learning Journey to Gardens By The Bay



More details will be shared via PG nearer the date of programme



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Promoting the Joy of Learning




Since 2023, mid-year examination for all levels have been removed and replaced with weighted assessments.

Level	Term 1	Term 2	Term 3	Term 4
P5	Weighted Assessment			Semestral Assessment
	10%	15%	15%	60%



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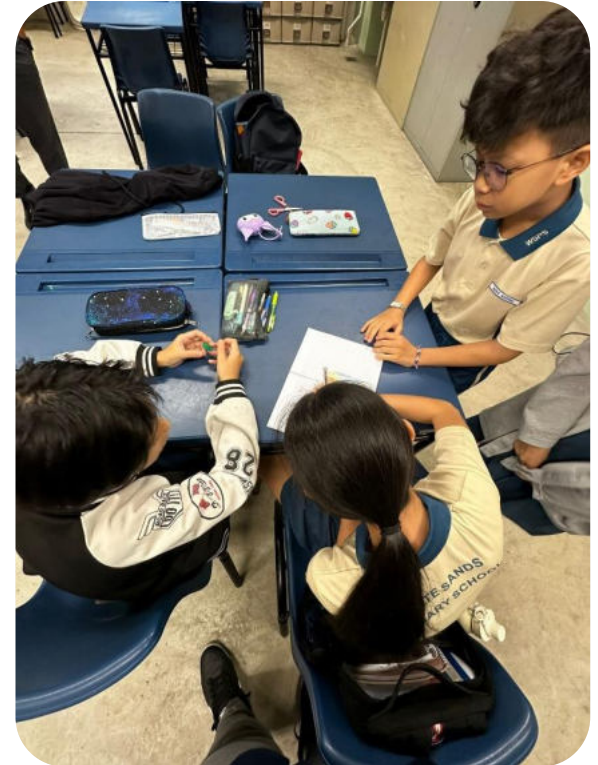


A learner- oriented classroom environment

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A learner-oriented classroom environment

Class Identity



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Class Expectations

OUR CLASSROOM expectations

WE ARE KIND

WE ARE RESPECTFUL

WE TRY OUR BEST

WE NEVER GIVE UP

WE DO NOT GIVE UP

WE LISTEN TO OTHERS

WE LEARN FROM MISTAKES

WE ASK FOR HELP

WE TRY NEW THINGS

WE HAVE FUN



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A learner-oriented classroom environment

First Days of School/ Term 1 Learning



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A learner-oriented classroom environment

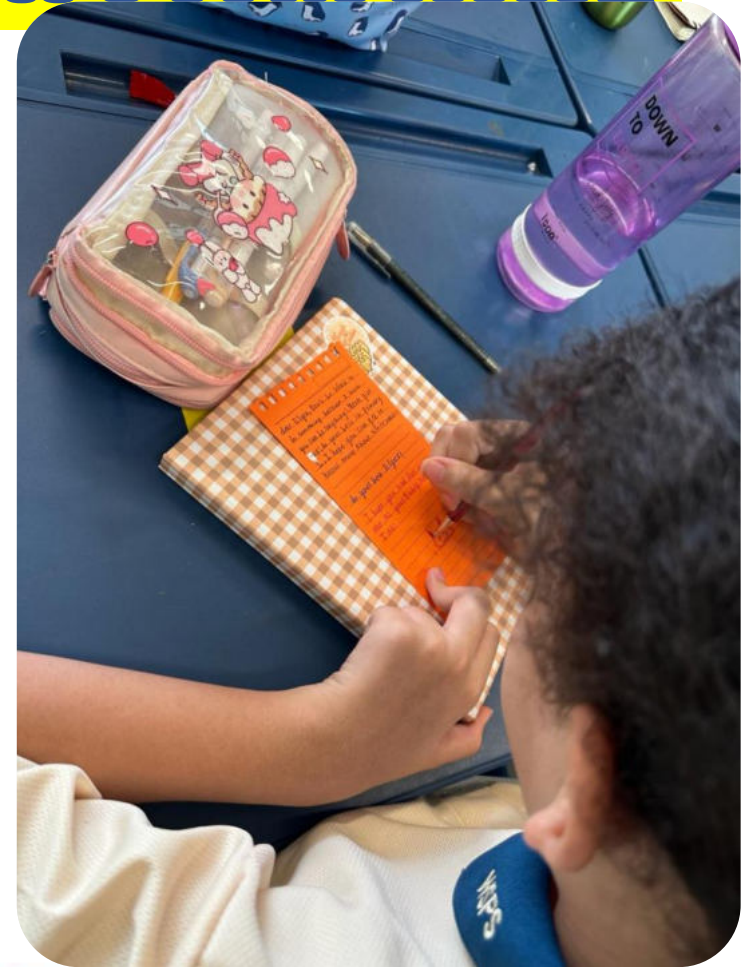
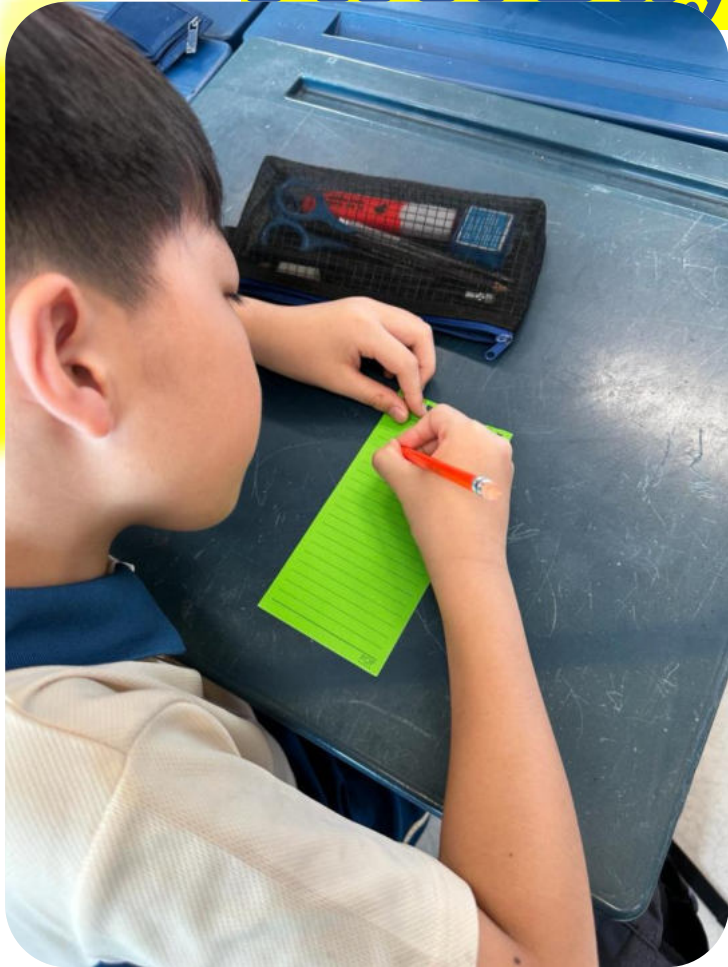
First Days of School/ Term 1 learning experiences



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A learner-oriented classroom environment

First Days of School/ Term 1 learning



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A learner-oriented classroom environment

First Days of School/ Term 1 learning



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A learner-oriented classroom environment

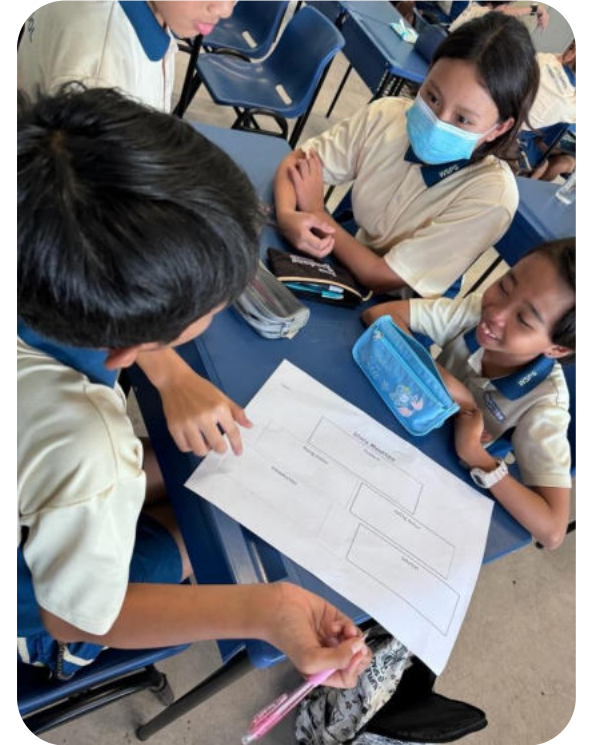
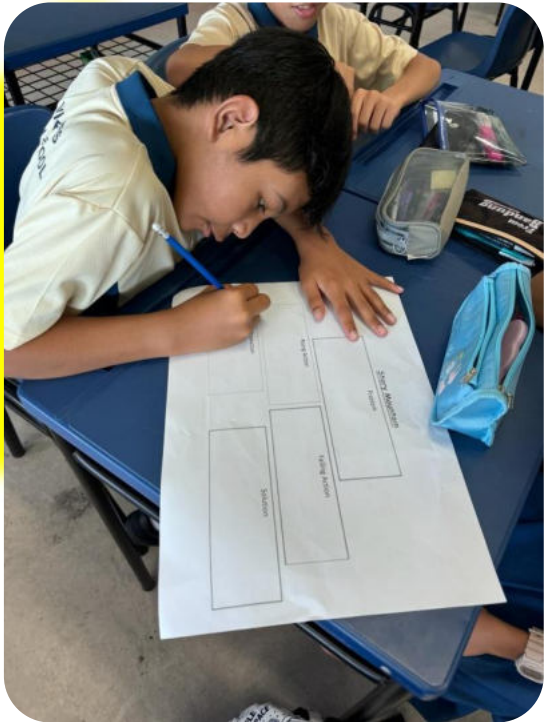
First Days of School/ Term 1 learning experiences



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A learner-oriented classroom environment

Exemplary students' work



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3 'P's – Being a resilient achiever

1. Prompt & prepared

- Report to school on time
 - In line with the school value of responsibility, we seek parents' support in ensuring that your child be punctual.
- Submit homework on time.
- Bring all necessary materials (books / stationery) to school
 - Get your child to check the time table every school night and pack their school bag accordingly to ensure that the weight of the school bag does not hamper his/her movement in school.



3 'P's – Being a resilient achiever

2. Productive

- Maximize learning time by
 - Staying on task, following instructions carefully while minimizing distractions.

3. Perseverance

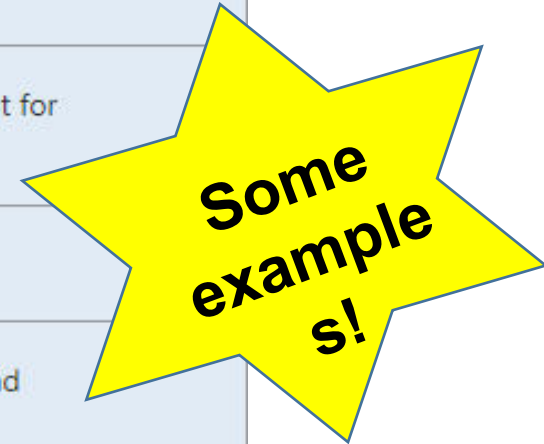
Practise the Growth Mindset and strive for excellence!



Encouragement for your child



Say This	Not That
"I can see you worked so hard on this!"	"You are so smart!"
"It seems like it's time to try a new strategy."	"It's okay. Maybe you're just not cut out for this!"
"I like watching you do that."	"You're a natural at that!"
"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."	"That's right! You did that so quickly and easily; great job!"
"That's not right. You don't understand this yet. What strategies can you try to understand it better?"	"That's not right. Are you paying attention in class? It seems like you're not even trying."
"That was really hard. Your effort has paid off! Next time you'll be ready for this kind of challenge!"	"That was really hard. I'm so glad it's over and you don't have to do that again."

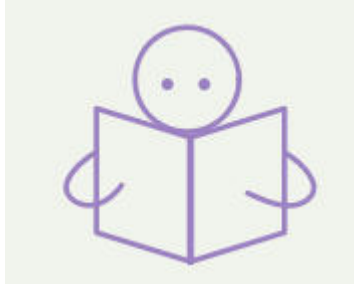


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Home-school partnership

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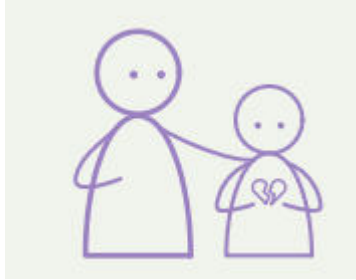
Common sources of stress at Upper Primary and what you can do to support your child



Academic pressure

- **Focus on affirming** their efforts, not just results.
- **Celebrate small successes**, let them know you care.
- **Encourage a growth mindset.**
(e.g. say "What is one thing you have learnt from this mistake" instead of "This is wrong. Do it this way.")
- **Guide your child** to set consistent and realistic expectations.

Common sources of stress at Upper Primary and what you can do to support your child

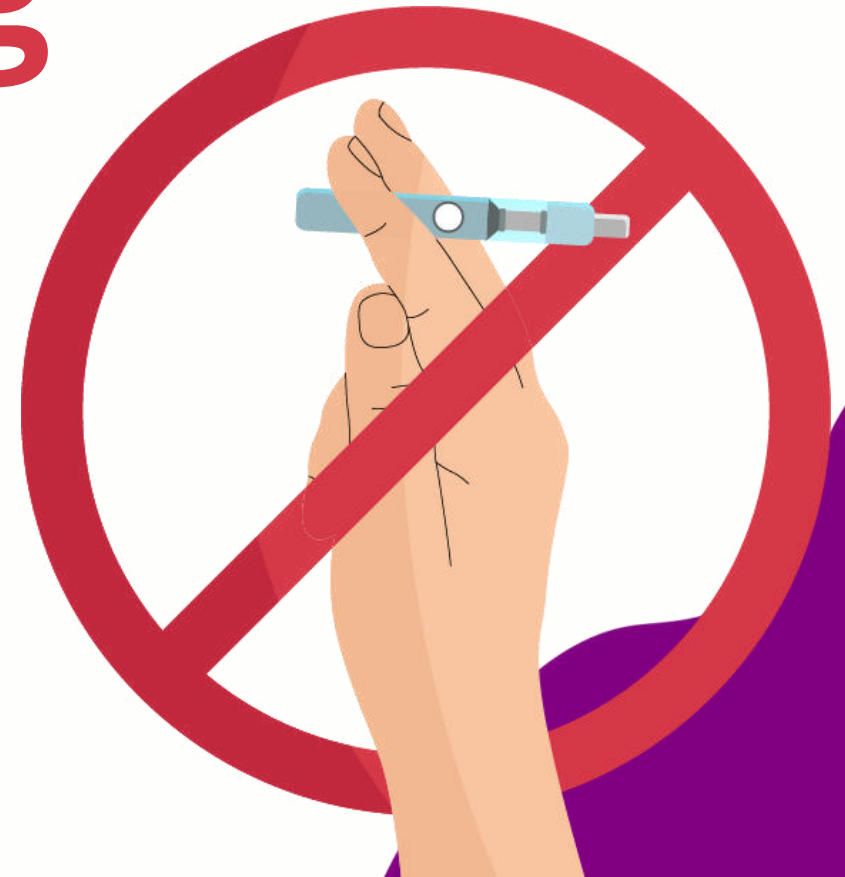


Feelings of loss and grief

- Let your child know that **it is okay to grieve** over a loss.
- **Explore healthy ways** in which they can express grief. (e.g. *by journaling, painting, writing a song etc.*)
- Parents can also **reach out to the school** to work together in supporting the child. (e.g. *Form Teacher, School Counsellor*)

Harms of Vaping

Reasons why we should **stay away** from e-cigarettes



MOE's Firm Stand against Vaping

- Vaping is categorised as a serious offence.
- When students are caught using or in possession of e-vaporisers,
 - the **prohibited product will be confiscated** and parents will be informed.
 - Schools will report the offender to HSA and also **manage vaping-related offences through existing disciplinary frameworks**. These include **taking school-based disciplinary actions, such as suspension or caning for boys**.
 - Students caught vaping will also be placed on cessation support programmes where counsellors will guide them through their cessation journey to effect long-term behavioural change.

What parents can do?

Signs that you can watch for

1. E-cigarette supplies, like cartridges or small bottles of liquid
2. New smells — you might notice fruity or sweet scents



What parents can do?

Set a positive example by being tobacco-free

Avoid smoking in the presence of your child.

Keep all tobacco product out of sight from your child.

If your child have seen you using tobacco, and asked why couldn't he/she?

Possible responses:

- If I could live my life over again, I never would have started smoking. I learned that people who smoke cigarettes are much more likely to develop, and die from, certain diseases than people who don't smoke. This was really scary, so I quit smoking.
- Quitting was really hard, and I don't want you to go through that. The best thing is to not start at all.



Thank you!

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