



# WHITE SANDS PRIMARY SCHOOL

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ILB / 08 / 2022

IN LINK Bulletin 1 Aug 2022

Dear parents/guardians,

## 1. National Day Celebration 2022

This year's National Day theme 'Stronger Together, Majulah' is a call for all Singaporeans to forge ahead as a united and strong people towards a better future. It reminds Singaporeans that unity in our diversity is what makes us stronger and encapsulates our hopes and spirit as a nation since our independence 57 years ago.

To celebrate this important and significant event, every pupil would be given a National Day souvenir which is a zipper pencil pouch specially designed by our very own White Sandian. It is also a rallying call for Singaporeans to strive for a better future and grow from strength to strength as we emerge from COVID-19. The souvenir would be distributed after the National Day holiday.

The school will be celebrating National Day on **8 August 2022, Monday** and school hours would be from **7.30 a.m. to 10.30 a.m.**

To enhance the celebrative mood and atmosphere, pupils are strongly encouraged to come in red T-Shirt and school skirt/shorts or PE attire as they will be participating in ACES workout. Pupils are to bring some light snacks on that day. The school canteen will not be opened due to the curtailed school hours.

To instil in our pupils the values of care and empathy towards the elderly, the school will be organizing a donation drive from 2 August, Tuesday to 12 August, Friday. Through this donation drive, we hope to provide the elderly residents from Kheng Chiu Loke Tin Kee Home with some of their daily necessities. Below are the items that we will be collecting:

1. Milk powder, suitable for elderly (approx. 550g)
2. Milo 3 in 1 (sachets in a pack)
3. Coffee 3 in 1 (sachets in a pack)
4. Biscuits ( approx. 250g)
5. Healthy nuts ( approx. 400g)

Pupils are encouraged to bring and place any of the above donated items at a designated space in their classrooms during the collection week. We hope that you can join us in this effort to show kindness and bring smiles to their faces as we celebrate Singapore's 57<sup>th</sup> birthday.

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## 2. Teachers' Day Celebration

The school will be celebrating Teachers' Day on Thursday, 1 September 2022. The theme for the celebration is "Teachers are Superheroes". This day is dedicated to appreciate and honour all our teachers and acknowledge their amazing contributions. Pupils and teachers will be engaged in meaningful activities. More details would be provided to pupils on the things to bring for that day. School hours would be from 7.30 a.m. to 10.30 a.m. Pupils are to bring some light snacks on that day. The school canteen will not be opened due to the curtailed school hours. Please note that Friday, 2 September is a school holiday.

## 3. Primary 3 Gifted Education Programme (GEP) Screening Exercise

- You would have received a notification on 20 July 2022, via Parent Gateway (PG) to indicate consent for your child to participate in this year's Gifted Education Programme (GEP) Screening Exercise. The details of the GEP Screening Exercise is as follows:

| Date(s)                  | Papers  | Participants   |
|--------------------------|---|--|
| 17 August<br>(Wednesday) | <b>English Language</b><br>8.15 a.m. – 9.30 a.m. (1 h 15 min)<br><b>Mathematics</b><br>10.30 a.m. – 11.45 a.m. (1 h 15 min) | Primary 3 pupils enrolled in government and government-aided schools are invited to participate. |

- Please be reminded that the deadline for you to indicate consent via PG is **5 August 2022, Friday**. Pupil's participation in the Screening Exercise is not compulsory, however, we encourage you to allow your child to take part. In addition, all results of pupils' performance at the Screening Exercise are confidential and will **not** be released.
- As a gentle reminder, this programme provides enriched curriculum to cater the needs of pupils with high intellectual potential. Pupils who are not ready to handle the intellectual rigour and demands of the programme will struggle with the enriched curriculum, causing undue stress on the pupils and impact their self-esteem. With this in mind, we would like to urge parents to avoid any test-preparation activities which could inflate the pupils' scores and inaccurately reflect their suitability for the programme.
- Last but not least, please note that 17 August 2022, Wednesday is a regular school day. This means that pupils who have opted not to participate in the Screening Exercise are still expected to attend school.

## 4. Daily assembly and punctuality

In line with the school value of responsibility, we seek parents' support in ensuring that your child reports to school punctually. Being punctual will develop self-discipline and time management in our pupils. We would like to remind parents that pupils who are not present at 7.30 am in the hall/classroom will be considered as late for school. Parents, whose child is late for more than 5 times in a semester, will receive a Parent Gateway reminder. A comment will be indicated in the remarks section of your child's result slips if the situation does not improve. This is to provide pupils with ongoing feedback on the importance of punctuality.

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## 5. PSLE Oral Days

As stated in July In-Link bulletin, PSLE oral would be conducted on 15 and 16 August 2022. Please note that Primary 1 to 5 pupils **are not required** to report to school on these 2 days. P6 pupils would be informed of the time to report nearer the dates. For more information, please refer to SEAB website:

<https://www.seab.gov.sg/docs/default-source/examination-timetable/2022psleexamtimetable.pdf>

## 6. Registration of ActiveSG account for SwimSafer 2.0 Programme (Primary 3)

Thank you parents for your support in the SwimSafer 2.0 programme. Upon successful completion of the SwimSafer 2.0 programme which consists of a practical test and an online theory test, your child will be awarded a certificate.

All SwimSafer certificates are issued as electronic certificates (e-certs). In order to access an e-cert, your child must have an ActiveSG account prior to registering for the SwimSafer 2.0 practical and theory test. As your child is below 12 years old, he/she is eligible for supplementary membership, tagged to the parent's ActiveSG account.

Please ensure that your child has registered for a supplementary account by **5 August 2022**.

Please refer to the links below to register for an ActiveSG Membership account or for more information on ActiveSG Membership.

To register for an ActiveSG Membership

<https://members.myactivesg.com/auth?redirect=%2Fprofile>

More Information on ActiveSG Membership

<https://circle.myactivesg.com/faq/activesg-membership-registration>

## 7. Triple P Level 2 Seminars for Parents

Our partner, MWS Family Support Programme is organising a series of seminars for parents in Aug 2022. These seminars will be delivered via zoom online on the following dates:

- Seminar 1: Power of Positive Parenting  
**12 Aug (Friday), 8.00 - 9:30pm**
- Seminar 2: Raising Confident and Competent Children  
**19 Aug (Friday), 8.00 - 9:30pm**
- Seminar 3: Raising Resilient Children  
**26 Aug (Friday), 8.00 - 9:30pm**

For details and registration, please refer to Annex 1. Deadline for registration is 5 August 2022.

**Registration Link for Seminars Aug 2022:** <https://forms.office.com/r/8mfWYJhZNk>

**For seminars in Mandarin, please click on this link:** <https://forms.office.com/r/zF309qCTkU>

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## 8. Growth Mindset: Seeing problems as opportunities for growth

In July's issue, we invited parents to share their success stories on what success looks like for their child and how they celebrate it. We thank all parents for your contributions. Well done, parents!

### **Sharing from P4B student's mother, Mdm Neeta Panicker**

We, as parents, are the best mentors in her growth, being fully aware of her strong and weak characteristics, thus enabling us to focus on her weaker areas. As a top priority, we make it a point to listen to her and try to provide answers using words and examples that she can relate to as well as provide assurance and comfort when she is under stress. We encourage questions and give allowance for her to express her feelings and take responsibility of her actions in her studies and behaviour.

To develop a Growth Mindset in our daughter, we provide learning opportunities where she can attempt handling problems on her own to enable her to learn to cope with stress while maintaining an open line of communication with us. We also give praise where her efforts are observed, in addition to her favourable outcomes achieved. As her role models, explicit teaching of fundamental moral values helps her in differentiating between what is right and wrong especially in today's world of wide exposure to media, technology and peer pressure.



It is natural for one to feel uncomfortable when mistakes are made. To develop a Growth Mindset, it is important that we begin to normalise mistakes for them. As children gain new experiences and develop new competencies, it is inevitable that they will make mistakes.

If mistakes and failure are seen as a sign of incompetence and something to avoid (rather than something to expect), they will begin to avoid the challenges necessary for learning. Scan the QR code below to watch a sharing by Dr Carol Dweck, who conceptualised Growth Mindset, as she explains the importance of one's ability to do better with continued effort and better strategies for progress.

### **Teaching your child to embrace mistakes**

You can bond with your child by conducting online research on any of the listed research inventions and marvel at how an initial mistake could finally turn out to be a great research invention!

|              |                        |                |
|--------------|------------------------|----------------|
| The slinky   | Chocolate chip cookies | Microwave oven |
| Potato chips | Post-it notes          | X-rays         |
| Penicillin   | Matches                | Safety glass   |
| Superglue    | Implantable pacemaker  | Velcro         |

We would love to hear your stories of how you go about supporting your child in seeing mistakes as opportunities for growth. Do share your experience with us by 15 August 2022 via <https://go.gov.sg/Okll2f> so that we could learn collectively. We look forward to hearing from you!

Your partner-in-education,



Ms Audrey Wong  
Principal

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**POSITIVE PARENTING PROGRAM**  
**TRIPLE P SEMINAR SERIES**  
**(Primary School)**

**WHAT is Triple P?**

- A toolbox of tested-and-proven parenting strategies for you to choose from
- Ranked by the United Nations as the world's Number 1 parenting programme
- Tested with thousands of families for more than 35 years



**WHY should you attend?**

- Triple P is for every parent who wants to reduce your parenting stress and improve your child's behaviors!
- Conducted by Triple P Certified trainers, approved by the Ministry of Social and Family Development (MSF).
- Attend all 3 seminars and take home tip sheets with all the parenting tips!

**Fully Subsidized**

*\*\*At no cost to parents!*

**01 Seminar 1: The Power of Positive Parenting**

Learn how to create a healthy, nurturing family environment by using assertive discipline, setting realistic expectations and taking care of yourself as a parent



**02 Seminar 2: Raising Confident, Competent Children**

Help your child to become independent and gracious through effective communication, being considerate and respectful, and developing positive thinking!



**03 Seminar 3: Raising Resilient Children**

Coach your child to manage their emotions by teaching them effective ways to cope, and expressing their feelings appropriately!



### Seminar Details

Dates: 12th, 19th and 26th August (Fridays)

Time: 8pm to 9:30pm



For more information on Triple P, please visit: <https://www.tripleparenting.net/global/triple-p/>

Presented to you by:



MWS is an MSF-appointed Social Service Agency conducting secular parenting programmes

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