



WHITE SANDS PRIMARY SCHOOL

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IN LINK Bulletin 04 May 2022

Dear parents/guardians,

1. **GROW with Me!** conversations

GROW with Me! was implemented in 2021 to promote Positive Education through the inculcation of the Growth Mindset. The school hopes to develop students with a **G**rateful heart and a **R**esilient spirit to **O**vercome obstacles and **W**in together.

The renaming of the annual Parent-Teacher Conference as “*GROW with Me!* Conversations” is done in the spirit of having conversations for the child’s holistic development, to be equipped with 21st Century Competencies and necessary social-emotional learning competencies to be future-ready.

Details are as follows:

Date: 27 May 2022, Friday

Duration: 15 minutes per session [Schedule for booking - 8.00 am to 3.00 pm]

Booking details will be sent via Parents Gateway nearer the date. All parents/guardians are strongly encouraged to book for a slot for the session.

Levels	Mode for conversations
Primary 1, 2 and 6	Face-to-face in White Sands Primary School
Primary 3, 4 and 5	Online via Zoom

To align the date of return of report books to “*GROW with Me!* Conversations, please be informed of the following revised dates for the return of report books:

Date	Event	Remarks
26 May (Thu)	Return of report books to P3-5 pupils	--
27 May (Fri)	Return of report books to P1, 2 & 6 pupils during the <i>GROW with Me!</i> conversations	C4RE teachers will make alternative arrangements with parents to collect the report books, if they are unable to attend the <i>GROW with Me!</i> conversations.

Vision: Every White Sandian, a success story

Mission: To nurture passionate learners with exemplary character who lead with a heart and contribute to society

Values: Care, Respect, Responsibility, Resilience, Rallying Together, Excellence

2. Student-Initiated Learning Programme

As part of our school's mission to develop our pupils as passionate learners, we will be implementing a non-graded Student-Initiated Learning (SIL) programme during the upcoming mid-year school holidays. The objectives of SIL are to:

- Provide opportunities for students to explore their interests and passions.
- Promote self-directed learning and encourage pupil voices.
- Uncover hidden talents that pupils may have.

Through SIL, pupils will be able to decide on what they would like to do to build on their interests in various areas such as art, active lifestyle, life skills, etc. Pupils can access the SLS portal for the lesson package on 27 May to kick-start the programme. We hope to showcase our pupils' work in Term 3 through presentations and exhibitions.

We strongly encourage all pupils to participate in the spirit of learn for life.

3. Hari Raya celebrations

Every year, we celebrate Hari Raya Puasa which marks the end of the month of Ramadan. It also has been a platform to increase our pupils' awareness and understanding of the Malay custom, culture and values. It also seeks to develop pupils' characters and hone their performance skills to showcase the significance of this festival.

This year we will be having a Hari Raya celebration in school after two years of online celebrations. The students will be entertained by many performances put up by their school mates. For the first time, after a long hiatus, our P6 pupils will come together in the hall to have their physical celebration together.

We would like to take this opportunity to wish our Muslim pupils and their families Selamat Hari Raya, Maaf Zahir Batin.

4. Learning Journeys

With the easing of community Safe Management Measures (SMMs), the school would be organising learning journeys as part of students' learning experiences. For Term 2, the following Learning Journeys would be organized for P1s and P3s.

- P1 Learning Journey to Jacob Ballas Children's Garden

The P1 students would be going on a learning journey to Jacob Ballas Children's Garden during school curriculum hours from 10 May to 13 May.

Details on the learning journey have been sent via Parents Gateway on 29 April. Parents are to give their consent via PG by 4 May.

- P3 Learning Journey to HortPark

The P3 students would be going on a learning journey to HortPark during school curriculum hours from 13 May to 25 May.

More details on the learning journey would be sent via Parents Gateway nearer to the dates.

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5. P6 Supplementary Lessons during June holidays

To provide further Teaching and Learning support for our P6 pupils, supplementary lessons during the June school holidays have been planned for all P6 pupils on **20 and 21 June 2022**. The schedule and consent form to parents / guardians would be sent via Parents Gateway.

6. P6 Malay Language Day Camp

The Malay Language department will be organising the Malay Language Day Camp for all P6 pupils taking the Malay Language as their official Mother Tongue language on **Friday, 1 July 2022 from 12.45pm - 5.15pm**.

The ML Day Camp aims to provide students with a more authentic learning environment to sharpen their oratorical skills. The various experiential learning experiences will also provide students with:

- an immersive environment for learning and using Malay Language
- activities that allow them to appreciate the Malay culture, traditions, and history
- opportunities in developing their confidence in communication and oratorical skill.

We seek your support and understanding in ensuring your child's/ward's attendance.

7. Cyber Wellness Tips for Parents: Balancing the Good and Bad Online

To better support our parents with the knowledge in protecting children from the adverse influences of online media and the benefits to have controlled access to Internet-enabled devices, we would like to share the following tips in Annex A to guide your child on maintaining a balance of online and offline activities. You could also refer to the following site on information to practise cyberwellness. <https://www.moe.gov.sg/education-in-sg/our-programmes/cyber-wellness>

8. Parenting article “Developing Healthy Routines”

Our partner, Methodist Welfare Services, has prepared a parenting article, “Developing Healthy Routines”, which was collated based on feedback from parents who are keen in helping their child develop a healthy routine for a predictable and anxiety-free lifestyle. The article is attached as Annex B for your reading pleasure.

9. Growth Mindset Nuggets #5: Seeing the goodness in your child

In April's issue, we invited parents to share their success stories on how they have used positive language at home. We thank all parents for your contributions. Well done, parents!

Sharing from Mr Magesh Das, parent of a P6 pupil

Elon Musk once said, "If you give yourself 30 days to clean your home, it will take you 30 days. But if you give yourself 3 hours, it will take 3 hours. The same applies to your goals, ambitions, and potential."

When I need to motivate my child to stay on task, I always remind him of this quote. To help him understand

Growth Mindset - acronym

Give all you have
Revise every day on what you learnt
Open up your mind
Withstand challenges
Target Excellence
Have high expectations of yourself

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<p>visually, I challenge him to hold a plastic cup filled with some water and ask him to hold it. Why does it feel light and easy at first and eventually take a toll on his muscles if he carries on holding the cup of water?</p> <p>The lesson behind this metaphor is - anything can be done easily but with procrastination, it becomes a chore and drains the energy and productivity out of you.</p> <p>So, I would encourage him to do the most difficult homework or assignment first and create more time in the day to relax to recharge for the following day.</p>	<p>Multiply effort I can do it! Never Give Up Develop a winning attitude Success is yours to seize Encourage your classmates Trust the process</p>
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Every child is different. Children develop differently, have different personalities, possess different strengths and require different kinds of support to meet their needs. It is important to support your child in giving positive attention to bring out the best in him/her.

What is positive attention? Positive attention is when you respond to your child with warmth and interest. It helps your child feel secure and valued. You can use everyday moments to give your child positive attention.

As a parent, you are your child's role model. He / She will look up to you in everything you do. Below are links to some videos and an article for your reference.

<p><u>Your Child at their best</u> https://go.gov.sg/childatbest</p>	<p><u>Helping Your Child Be Their Best</u> https://go.gov.sg/helpingyourchild</p>	<p><u>Schoolbag articles</u> https://go.gov.sg/schoolbagarticle</p>
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We would love to hear your stories of how you go about supporting your child in seeing the goodness in her/him. Do share your experience with us by 15 May 2022 via <https://tinyurl.com/4r2k6bm3> or scan the QR code here so that we could learn collectively. We look forward to hearing from you.



SCAN ME

Your partner-in-education,

Ms Audrey Wong
Principal



CYBER WELLNESS
TIP SHEET FOR PARENTS



Balancing the Good & Bad Online



Spend time with your child doing non-tech activities e.g. playing sports or going to the park

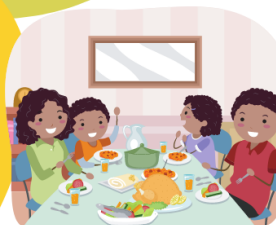


Don't post anything about your child that might embarrass or upset them in the future, or anything they share with you in confidence.



Have a place in your home e.g. at the charging dock or a shelf in the living room, where you put down your devices as soon as you enter the house.

Put away all your devices and catch up on each other's days during meals.



Draw up a contract with your child to manage screen time. Sit down and talk to them about what you both agree on.

Adapted from Media Literacy Council



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